

**IN THE SPECIFICATION:**

On page 1 of the specification, please amend the title as follows:

~~THERMAL INSULATION METHOD, PROCESS FOR PREPARING AN  
INSULATING GEL, AND INSULATING GEL OBTAINED~~METHOD FOR THERMAL  
INSULATION, METHOD FOR PREPARATION OF AN INSULATING GEL AND  
INSULATING GEL PRODUCED THUS

On page 1 of the specification, please delete the abstract in its entirety and replace it with the attached abstract.